



ONTARIO ERGOMETER CHAMPIONSHIPS



RIDLEY COLLEGE FIELD HOUSE
SATURDAY, MARCH 4, 2017
ST. CATHARINES, ONTARIO



ENTRIES WITH REGATTACENTRAL

2000 METRES

<u>Approx Time</u>	<u>ORDER OF EVENTS</u>
8:00	1. Jr. H.S. Men
8:15	2. Jr. H.S. Women
8:50	3. Jr. H.S. 150# Men
10:00	4. Jr. H.S. 165# Men
10:30	5. Jr. H.S.135# Women
11:45	6. Jr. H.S.145# Women
12:15	7. Masters Women* (30 yrs+)
12:30	8. Masters Men* (30+ yrs)
12:40	9. Sr. H.S. 150# Men
1:10	10. Sr. H.S. 165# Men
1:45	11. Sr. H.S. 135# Women
2:15	12. Sr. H.S. 145# Women
2:45	13. Sr. H.S. Women
3:30	14. Sr. H.S. Men
4:00	15. Open Ltwt. 165# Men
4:00	16. Open Lt 135# Women
4:00	17. Open Hvy Women
4:00	18. Open Hvy Men

H.S. Age & Wt. Limits

Jr. Born 2001 or Later
Sr. Born 1998 or Later
Ltwt. Wm - 135 & 145 lbs Max.
Ltwt. Men - 150 & 165 lbs. Max.

WEIGH IN 7:30 A.M. TO RACE TIME

PRIZES:

**Medals to Winners,
Top Ten T-Shirts,
& MANY Draw Prizes**

Enter at: www.regattacentral.com

EVENT: _____ **Event #:** _____

COMPETITOR NAME: _____

CLUB/SCHOOL: _____

(H.S. Entries must show High School or UNAFFILIATED, not club)

DATE OF BIRTH: ____ / ____ / ____ **Masters Ltwt** ____

DD / MO / YR

**Enter at:
www.regattacentral.com**

Each competitor must sign the following waiver/release:

I hereby release and forever discharge the HOST CLUBS, ROWONTARIO, their directors and all servants and agents, from any injury, death, loss or damage to my person or property, howsoever caused, notwithstanding that such injury, death, loss, or damage to property may have been contributed and occasioned by negligence, upon behalf of myself, heirs, executors, administrators, and assigns.

Entry Deadline - Received by SUNDAY, FEBRUARY 26

(See fees below!) STRICTLY ADHERED TO!

\$15.00 per person, entered and paid by deadline

\$25.00 paid at door or paid late,

(accepted if space available)

Enter at: www.regattacentral.com

RIDLEY GRADUATE BOAT CLUB

5 Swan Drive
St. Catharines, ON L2T 2C2
Phone: (905) 688-5292

Ergs for Sale **\$1,250.**

CALL 905-688-5292

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